

# Winter Bulletin Board (November through February)

Suggested Layout:

Farm to School in the winter

get Local @school

Who Grows Your Food?

The apple tree rests during winter months and builds up strength for the next growing season.

The apple tree prepares for winter and gathers energy in its roots.

In the spring the temperature warms and the apple tree grows leaves and flower blossoms.

Apples need bees! Blossoms can only be fertilized by pollen from a different apple tree. Bees transfer pollen as they gather nectar to make honey.

As the weather cools and days shorten, the leaves turn red and gold and start to fall.

Apples are harvested from late August until late October.

Storing up for the winter: Before there were supermarkets that shipped in food from all over the world, we had to rely on storing or preserving fruits and vegetables to eat through the winter. While apples and potatoes are harvested in the fall, they are both examples of crops that will stay fresh in a cool dry place and can be enjoyed throughout the winter.

How do potatoes grow?

Eye with sprout

Plant seed potatoes in the spring

Roots and leaves sprout from the eye

New potatoes grow underground

Potatoes are ready to dig up and eat in late summer!

Tubers

I tried local Potatoes

Are potatoes a stem or a root?  
Potatoes are part of the plant stem that grows underground and stores energy and nutrients. When the leaves of the plant die in the winter, the potato waits in the soil and uses stored energy to sprout again in the spring.

I tried local apples

growing minds farm to school program	August
Tomatoes	September
Cucumbers	October
Cabbage	November
Apples	December
Lettuce/Greens	January
March	February
April	March
May	April
Strawberries	May
Summer Squash	June
Berries	July

This month's featured recipe:

Apple Winter Squash Bake

Take home recipe cards



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### Directions:

Pick a seasonal color for background paper. The suggested layout is designed for setting up a standard bulletin board. Consider adding images of your school's students enjoying these different foods!

If you have additional space, fill it up with examples of student work, additional photographs, upcoming farm to school events, etc.

We've provided you with files to download and print. Note: some files will require printing on legal size paper while others on letter size. Then, cut down to size and laminate the pieces before posting on the board.

### You'll need to create a few things on your own:

- If using "Take Home Recipe" sign you'll create your own recipe card envelope.
- Instead of posting recipe cards to take home, you could use the "Featured Recipe" sign for a recipe using local ingredients being served in the cafeteria.
- Inquire about Growing Minds recipe cards or make your own!
- Create your own farmer profile using a picture of a local farmer that grows apples or potatoes. Kids love fun facts about the farmer!

### Files Included:

Repeated on other boards:

- Get Local @ School sign
- Get Local @ School calendar (11x17)
- Shovel, whisk, and fork
- Featured Recipe sign &/or Take Home Recipe sign (if you are creating a recipe card envelope)
- Bees (2)
- Arrows for apple diagrams (6)

Winter files:

- Farm to School in the winter banner
- I tried local potatoes sticker blow-up
- Potato photo
- Are potatoes a stem or a root? and potato parts
- How do potatoes grow? sign
- Potato growth stages
- Storing up for the winter sign
- Potato recipe (for display in November)
- Apple recipe (for display December - February)
- Apple growth diagrams (6 - arrange in order shown)
- How do apples grow? sign
- Apple photo
- I tried local apples sticker blow-up
- Pollination explanation sign