

growing minds

farm to school program

Appalachian Sustainable Agriculture Project

get  
**Local**  
@school

Farm to School means fresh food from local farms served in your cafeteria. Enjoy these local tastes each month.

Tomatoes

**August**

Cucumbers

**September**

Cabbage

**October**

Potatoes

**November**

Apples

**December**

**January**

**February**

Lettuce/Greens

**March**

**April**

Strawberries

**May**

Summer Squash

**June**

Berries

**July**