



Preschool Lesson Plans & Curriculum Alignment

NC Foundations for Early Learning and Development
--

Approaches to Play and Learning	Emotional and Social Development	Health and Physical Development	Language Development and Communication	Cognitive Development
---------------------------------	----------------------------------	---------------------------------	--	-----------------------

Apple Exploration	APL-2, APL-5, APL-8	ESD-1, ESD-2	HPD-1	LDC-1	CD-1, CD-3, CD-11, CD-14, CD-15
Berry Parfaits	APL-5, APL-8		HPD-1, HPD-5, HPD-6	LDC-1	
Cabbage Exploration	APL-2, APL-5, APL-8	ESD-1, ESD-2	HPD-1	LDC-1	CD-1, CD-3, CD-4, CD-14, CD-15
Colorful Plate Spinners	APL-8		HPD-1	LDC-1	CD-1, CD-4, CD-11
Cooking Play	APL-2, APL-4, APL-5, APL-8		HPD-2, HPD-4, HPD-5		CD-1, CD-11, CD-1
Cucumber Stacks	APL-5, APL-8		HPD-1, HPD-5, HPD-6	LDC-1, LDC-7, LDC-8	
Fruit and Veggie Alphabet Border	APL-8			LDC-1, LDC-8, LDC-9, LDC-12	CD-1, CD-4

Growing Minds is a program of ASAP (Appalachian Sustainable Agriculture Project).
 306 West Haywood Street, Asheville, NC 28801
 (828) 236-1282
www.growing-minds.org



Preschool Lesson Plans & Curriculum Alignment

NC Foundations for Early Learning and Development
--

Approaches to Play and Learning	Emotional and Social Development	Health and Physical Development	Language Development and Communication	Cognitive Development
---------------------------------	----------------------------------	---------------------------------	--	-----------------------

Garden Color Hunt	APL-1, APL-2, APL-5, APL-7, APL-8			LDC-1, LDC-8, LDC-9	CD-1, CD-14, CD-15
Garden Plot Crackers	APL-5, APL-7, APL-8		HPD-1, HPD-5, HPD-6	LDC-1	CD-3
Insects in the Garden	APL-1, APL-2, APL-5, APL-7, APL-8		HPD-2, HPD-5, HPD-6	LDC-1, LDC-15	CD-1, CD-4, CD-14, CD-15
Melon Exploration	APL-2, APL-5, APL-8	ESD-1, ESD-2	HPD-1, HPD-5, HPD-6		CD-1, CD-3, CD-11, CD-14, CD-15
Pumpkin	APL-2, APL-5, APL-8		HPD-1	LDC-1, LDC-8, LDC-9	CD-1, CD-7, CD-11, CD-14, CD-15

Growing Minds is a program of ASAP (Appalachian Sustainable Agriculture Project).
 306 West Haywood Street, Asheville, NC 28801
 (828) 236-1282
www.growing-minds.org



Preschool Lesson Plans & Curriculum Alignment

NC Foundations for Early Learning and Development

Approaches to Play and Learning	Emotional and Social Development	Health and Physical Development	Language Development and Communication	Cognitive Development
--	---	--	---	------------------------------

Exploration					
Roots and Shoots	APL-5, APL-7, APL-8	ESD-1, ESD-2	HPD-1	LDC-1, LDC-8, LDC-9	CD-1, CD-3, CD-11, CD-14, CD-15
Seed Exploration	APL-1, APL-2, APL-8		HPD-1, HPD-5	LDC-1	CD-1, CD-3, CD-10, CD-11, CD-14, CD-15
Sweet Potato Exploration	APL-2, APL-5, APL-7, APL-8		HPD-1	LDC-1	CD-1, CD-14, CD-15
Taste and Tales	APL-5, APL-8		HPD-1	LDC-1, LDC-8, LDC-9	CD-14
Tomato Exploration	APL-2, APL-5, APL-7, APL-8	ESD-1, ESD-2	HPD-1	LDC-1	CD-1, CD-3, CD-14, CD-15
Tomato Salsa	APL-5, APL-8		HPD-1, HPD-5, HPD-6	LDC-1	
Vegetable Castles	APL-5, APL-7, APL-8		HPD-1, HPD-5	LDC-1, LDC-8, LDC-9	CD-3, CD-4

Growing Minds is a program of ASAP (Appalachian Sustainable Agriculture Project).
 306 West Haywood Street, Asheville, NC 28801
 (828) 236-1282
www.growing-minds.org



Preschool Lesson Plans & Curriculum Alignment

NC Foundations for Early Learning and Development

Approaches to Play and Learning	Emotional and Social Development	Health and Physical Development	Language Development and Communication	Cognitive Development
--	---	--	---	------------------------------

Vegetable Crowns	APL-8		HPD-5	LDC-1, LDC-8, LDC-9	CD-4
Watering the Garden	APL-1, APL-2, APL-8		HPD-2, HPD-4, HPD-5, HPD-6	LDC-1, LDC-8, LDC-9	CD-1, CD-14, CD-15
Weeding the Garden	APL-1, APL-2, APL-8, APL-9	ESD-5	HPD-2, HPD-4, HPD-5, HPD-7, HPD-9	LDC-1, LDC-8, LDC-9	CD-1, CD-14, CD-10, CD-11, CD-14, CD-15
What Plants Need	APL-8		HPD-2, HPD-4	LDC-1, LDC-7, LDC-8, LDC-9, LDC-14	

Growing Minds is a program of ASAP (Appalachian Sustainable Agriculture Project).
 306 West Haywood Street, Asheville, NC 28801
 (828) 236-1282
www.growing-minds.org