

Worms: A Farmer's Best Friend



Message From a Farmer: Steven Beltram of Balsam Gardens in NC!

Farmer Steven says:

Worms are important for our garden because they help make the soil better. Worms eat leaves and old vegetable matter to make compost and a very valuable fertilizer called worm castings. Worms tunnel through the earth and let air into the soil like a tiller. There can be 50 or 100 worms per square foot in your garden, and there are thousands of different kinds of worms in the world.