



Farm to School Goes Home

First Week of June

get
Local
@school

LOCAL FOOD RECIPE

Zucchini Ribbons with Pesto

Makes 4 Servings

Ingredients

3/4 cup fresh pesto
2 tablespoons lemon juice
1/3 cup olive oil
1 clove garlic, minced
1/4 teaspoon salt
2 pounds medium, narrow zucchini, rinsed and trimmed (about 4 medium local zucchini)

Steps

1. Place pesto, lemon juice, olive oil, garlic and salt in a large mixing bowl.
2. Peel the zucchini along its whole length with a vegetable peeler, or slice very thinly with a knife or mandolin, into ribbons.
3. Place the zucchini in the dressing-coated bowl and toss gently with a spoon or gloved hands to coat evenly. Serve at room temperature.



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GARDENING IDEAS FOR PARENTS AND KIDS

Are your first heads of lettuce grown and harvested? It's time to sow a new round of greens! Create a special green patch with your children: using a little twine and a few toothpicks, plot out a planting section in the shape of your child's name 's first initial, or a swooping "fairy trail." Let your child sow his or her favorite green seeds within the twine line; cover loosely with soil and water regularly. Watch the new microgreens appear, and use the thinned starts in salads.



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