



## Tips for Photographing Students



- 1. Get down to your subject's eye level.** This will make the photo feel more personal and inviting. When you photograph children, you may need to kneel or even sit on the ground.
- 2. Be aware of your background;** use it as a tool in your composition.
- 3. Move in close.** Fill your picture with the subject. Move a few steps closer or use the zoom until the subject fills the viewfinder. This helps eliminate background distractions and shows the details of your subjects.
- 4. Move the main subject out of the middle of the frame.** Placing the subject at the side of the frame creates a more dynamic composition. Note: since most cameras focus on whatever is in the middle of the frame, remember to lock the focus on your subject before re-framing the shot.
- 5. Know your flash's range and take multiple shots with and without your flash (even outdoors).** Often times outdoors you can use the flash to lighten dark shadows.
- 6. Be a picture director.** Try rearranging your subjects or changing your perspective to create a more dynamic composition. If you are taking a photo of multiple people, try bringing your subjects together.
- 7. Don't just take horizontal photos!** Turn that camera and capture some vertical shots too.
- 8. Take lots of photos!!** The more photographs you take, the greater the chance you'll get a good one. On average, it takes 30 shots to get one great image.



## Submitting Stories and Photos

Please submit photos and stories of your Farm to School activities via the Growing Minds website: [www.Growing-Minds.org/share-f2s-stories](http://www.Growing-Minds.org/share-f2s-stories)

Tell us all about your experiences in the school garden, on farm field trips, in the cafeteria, or in the classroom. What do your students connect with? Send us student quotes, observations, and project narratives. Remember, a picture is worth a thousand words! We can't wait to hear about all of the wonderful things you are doing!

### Photo Submission Guidelines

- Please **do not** include any photos of students that did not return an ASAP photo release!
- If the photo features one or more students please include their name in the file name.  
*Example: modify file name "image00123.jpg" to read "Sarah-Billy.jpg"*
- Files should be between 200 kb and 6000 kb (or larger!) for optimal resolution. The bigger the better!
- Submit enough photos to tell the complete story of the event. Try to include at least one from the beginning, middle, and end of the activity.
- If you didn't take photos that's ok, we still would love a description of your activity!



## Submitting Stories and Photos – Form Cheat Sheet

SHARE YOUR FARM TO SCHOOL STORIES

**Name \***

First Last

**Email \***

**Position \***

← Teacher, Media Specialist, Cafeteria Manager, etc.

**County \***

--Select Your County-- ▾

**School \***

**Grade Level \***

← Enter all grades involved in activity. (ex: K-3, 1<sup>st</sup>, etc.)

**Number of Students \***

← Enter total number of students.

**Type of Activity \***

--Select an Activity Type-- ▾



### Feedback and Comments

Describe your Farm to School activity. How did students respond? Is there anything about the activity that you would change if you did it again in the future?

### Number of Photos to Upload

Select the number of photos you would like to upload and use the boxes that appear below.

#### Image 1

 annie talking about veggies.jpg

#### Image 2

 No file chosen

#### Image 3

 No file chosen

Select the number of photos you would like to upload and file selection boxes will appear below. Once you choose a file the file name will appear in the box.

### Subscribe to Our Newsletter

Are you interested in receiving our monthly newsletter? Receive lesson plans, teaching resources, and more, right in your inbox.

Yes

When you click the "submit" button, your photos will upload and a small box will appear beside the submit button. It may take a few minutes for the photos to upload, depending on the speed of your internet connection. Once the photos upload you will receive a confirmation screen.

If you have any problems using this form please contact Brittany at ASAP:  
Brittany@asapconnections.org / 828-236-1282, extension 103.