

NC Cooperative Extension Partnerships

Molly Nicholie, Program Director-Local
Food Campaign, ASAP

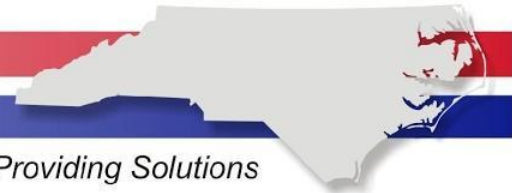
Hannah Nichols, RD, FCS Area Agent



NC State University
A&T State University
**COOPERATIVE
EXTENSION**

Empowering People • Providing Solutions

Importance of Community Partners



What is Cooperative Extension?



What does Extension do?



Extension Then and Now



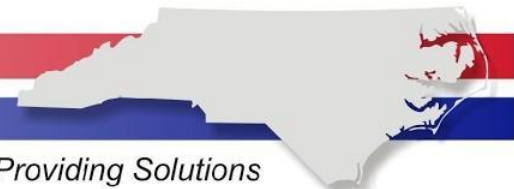
Our Mission

North Carolina Cooperative Extension partners with communities to deliver education and technology that enrich the lives, land, and economy of North Carolinians.



Extension's Core Program Areas

- Agriculture
- Food
- 4-H Youth Development
- How can you connect with these program areas for farm to school?



Areas of Agriculture

- Local Foods
- Pest Management
- Specialty Crops
- Food Safety & Processing
- Field Crops
- Farm Health & Safety
- Commercial Horticulture
- Animal Ag
- Aquaculture
- Master Gardeners
- Forestry
- Community Gardens





Farmer Training and Technical Assistance



Connecting with Farms

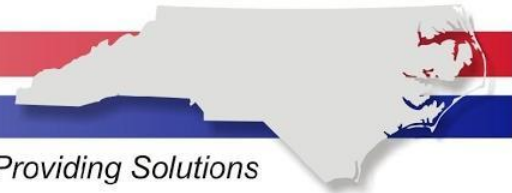


ASAP started its farm to school work in 2002 and Extension has been a partner from the start!

This is a farm field trip for child nutrition staff that was organized by a farm to school committee (committee comprised of child nutrition, farmers, Extension, health dept., and ASAP)



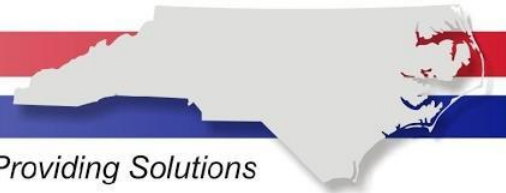
Master Gardeners





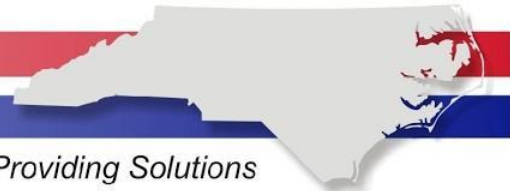


On Farm Ag Day





Community Gardens





Extension Programs: FCS

- Eat Smart, Move More NC
- Eat Smart, Move More, Weigh Less
- Cook Smart, Eat Smart
- Color Me Healthy
- Faithful Families



<http://fcs.ces.ncsu.edu/fcs-food/>



Extension Programs: FCS

- Home Food Preservation
- School HACCP Training
- ServeSafe
- Expanded Food and Nutrition Education Program, EFNEP



<http://www.ncfamilieseatingbetter.org/EFNEP/partners/index.html>



Steps to Health

YEARS

[Home](#) | [About](#) | [Contact Us](#) | [Meet Our Staff](#) | [Events](#) | [NC A&T](#) | [Our County Centers](#)



YOUTH PROGRAMS

[Color Me Healthy Program](#)

[2nd Grade](#)

[3rd Grade](#)

ADULT PROGRAMS

[Eat Smart, Move More, Take Control](#)

[Better Food, Better Health](#)

[Better Choices](#)

FEATURED CONTENT



Better Choices

This adult nutrition education program is designed for use in various community locations including senior centers and congregate nutrition sites. The curricula address many of the top risk factors for malnutrition such as

[READ THE REST »](#)



Better Choices



Color Me Healthy for SNAP-Ed



Better Food Better Health



2nd Grade



Eat Smart, Move More, Take Control



At the moment there are no upcoming events listed



PROGRAMS

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RESOURCES

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About

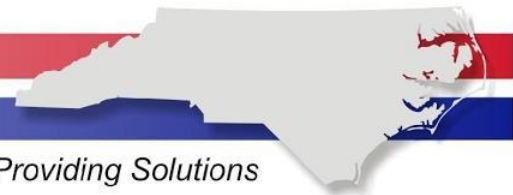
The Supplemental Nutrition Assistance Program-Education (SNAP-Ed) serves limited resource individuals and families across North Carolina. SNAP-Ed is funded by the United States Department of Agriculture-Food and Nutrition Service and works in collaboration with the NC Department of Health and Human Services, Division of Social Services.

The goal of SNAP-Ed is to assist those eligible for food assistance to eat smart and move more. SNAP-Ed works to help participants make healthy choices within a limited budget and choose physically active lifestyles consistent with the current Dietary Guidelines for Americans and MyPlate.

NC State University's SNAP-Ed Program is Steps to Health. Steps to Health provides nutrition education program for preschoolers, kindergarteners, 2nd grade students, 3rd grade students, adults, Latino families, and older adults.

The Steps to Health program is delivered by county-based NC Cooperative Extension Agents across North Carolina.





4-H Youth Development

New tools and resources will be added as they are developed so be sure to check back as you are preparing for curriculum trainings. Thank you.

Purchase 4-H School Enrichment Curriculum Kits

Grab and Go Lessons

Curriculum Training Resources Downloadable PDFs

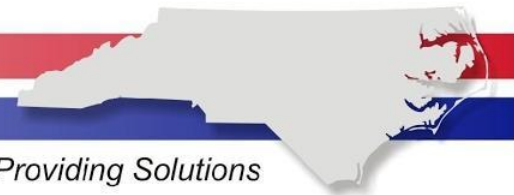
- Why Experimental Learning
- Targeting Life Skills
- 3rd grade: Shoot for the Stars: Lesson 1
- 5th grade: Vermicomposting: Lesson 1
- 6th grade: Energy Transformation: Lesson 1
- 5th-9th grade: Health Rocks

Video, Flash, Pictures, and Other Supplemental Curriculum Resources

- Energy Transformation
- Soil Solutions
 - Teach from the Garden: Strawberries (PDF)
- Power of the Wind: Engineering Design Process (PDF)

















Contacting Your Local Agent

- Call or visit your county office
- Email
- Social media
- Visit the county website

[Update My Listing / Photo](#)

NC Cooperative Extension Directory

FIND AN INDIVIDUAL

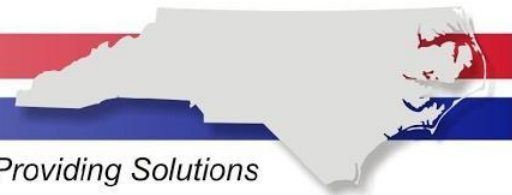
Last Name

First Name

Search

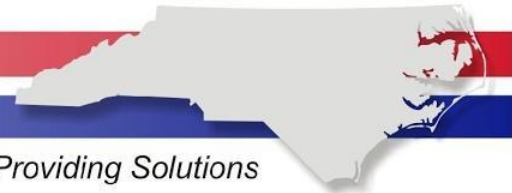
VIEW COUNTY OR DEPARTMENT LISTING

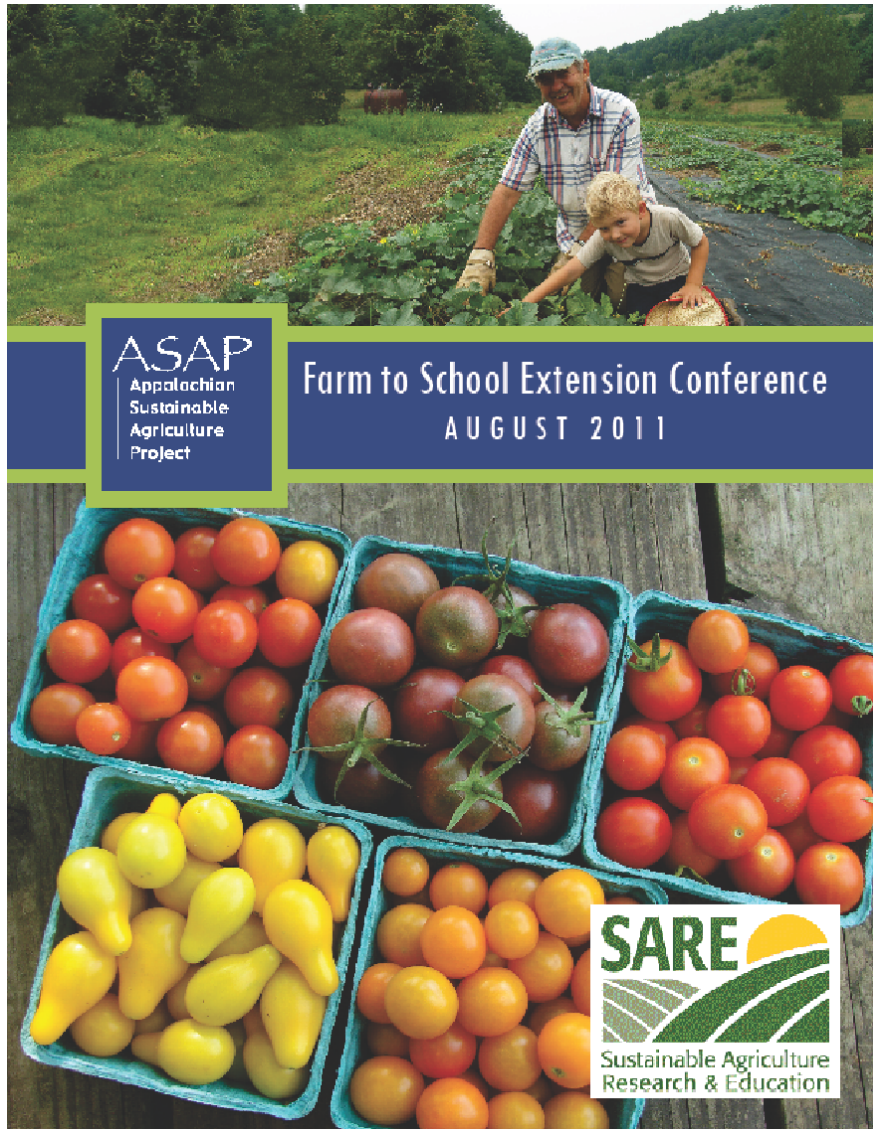
or



When to Contact

- Now!
- 2015 Plan of Work
- Programs vary in each county
- Flexibility to meet local need













BUILDING CAPACITY: FARM TO SCHOOL project Objectives

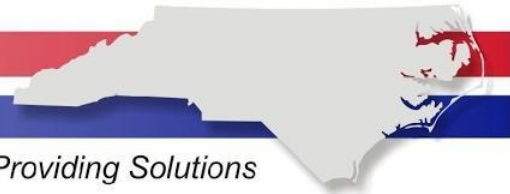
- 1) Cooperative Extension will define their role in the implementation of Farm to School programming.
- 2) Cooperative Extension will increase their knowledge of the Farm to School market (the market potential and market requirements) and the accompanying educational components.
- 3) Extension will be a Farm to School resource to farmers/community in their area

6. What are the barriers to your involvement in Farm to School? Check all that apply.

		Response Percent	Response Count
Not a priority of my organization (has not emerged in discussions with advisory committees or others requesting the program)		24.8%	51
No interest from farmers		16.0%	33
No interest from schools		23.8%	49
Do not have time		26.7%	55
Not part of my job description		9.7%	20
Lack of funding		42.2%	87
Need for training/technical assistance		38.8%	80
Other (please specify)		22.8%	47
answered question			206
skipped question			24

Benefits of Working with Extension to Support Farm to School

- Impact - behavior change takes time, multiple experiences and community connections
- On-going program vs. one shot deal
- Integrating into existing programs - schools and Extension
- Schools are a good fit for outreach - common goals. Eliminates barriers (i.e. transportation)



How will you connect with Cooperative Extension?



Questions?

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