

growing minds

farm to school program

Appalachian Sustainable Agriculture Project

get
Local
@school

Farm to School means
fresh food from local
farms served in your
cafeteria. Enjoy these
local tastes each month.

Tomatoes

August

Cucumbers

September

Cabbage

October

Potatoes

November

Apples

December

January

February

Lettuce/Greens

March

April

Strawberries

May

Summer Squash

June

Berries

July