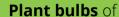
growing min

farm to school an asap program

Fall Garden BINGO



garlic, onions, or flowers in the garden or a container.

Visit a farm's apple orchard,

pumpkin patch, or corn maze.

Lead a fall-

themed fruit

or veggie taste

test for friends

or family.

Collect acorns,

leaves, pine cones, or other natural materials and use them in an art project.

Save the seeds

from a fruit. vegetable, or flower to plant next year.

Rake up leaves

or grass clippings. Add them to a compost pile or use them for mulch.

Take a walk!

Regrow kitchen

scraps (like

celery, lettuce, or

scallion bottoms,

or tops of root

veggies).

Which trees are changing color, which stay green? Can you identify any of them?

Write a thank you note to a farmer or farm worker. Tell them why you appreciate them.

Plant a coldhardy vegetable, such as spinach, kale, collards, or broccoli.

Read a book

about

autumn.

Make a bird

feeder out of a pine cone or paper towel roll. Hang it outside!

Illustrate a

Thanksgiving or other fall holiday recipe, step-by-step.

Carve a

pumpkin and

roast the

pumpkin

seeds.

Free space Choose your own fall activity.

Go on an early morning frost-

walk and look for signs of frost outdoors.

Help mulch

beds or plant a cover crop.

Plant an indoor herb garden,

or do another indoor gardening project.

Make a recipe

featuring a fruit or veggie that's harvested locally in the fall. Cook a batch

of homemade applesauce or warm spiced apple cider.

your garden

Celebrate the

NC Crunch by

eating a locally

grown apple in

October!

Help clean up the garden

and store garden tools for the winter.

Gather herbs or flowers and dry them.

Look at a seed catalog and make a list of the seeds you'd like to buy in the spring.

Use natural materials to make a fall or

holiday decoration.