

Spring Bulletin Board (March through end of year)

Suggested Layout:

Farm to School in the Spring

get Local @school

Joe Deal
Deal Family Farm
Franklin, NC

Who Grows Your Food?

How do Strawberries grow?

I tried local strawberries
Asap

I tried local lettuce
Asap

Which ones have you tried?

Local Food

August
September
October
November
December
January
February
March
April
May
June
July

Types of Greens:
Kale
Swiss Chard
Collards
Spinach
Mustard Greens
Turnip Greens
and more!

Collards

Swiss Chard

Kale

This month's featured recipe:

Kale Sauté

Ingredients:

- 4 cups of kale, chopped
- 1 cup of olive oil
- 1/2 cup of red onion, sliced
- 1/2 cup of red bell pepper, sliced
- 1/2 cup of red chili pepper, sliced
- 1/2 cup of red chili pepper, sliced

Directions:

Preheat the oven to 350°F. In a large bowl, combine the kale, onion, and bell pepper. Add the olive oil and red chili pepper. Toss well. Bake for 15-20 minutes, or until the kale is tender. Enjoy!

Find more recipes at www.growingminds.org



Spring Bulletin Board (March through end of year)

Directions:

Pick a seasonal color for background paper. The suggested layout is designed for setting up a standard bulletin board. Consider adding images of your school's students enjoying these different foods!

If you have additional space, fill it up with examples of student work, additional photographs, upcoming farm to school events, etc.

We've provided you with files to download and print. Note: some files will require printing on legal size paper while others on letter size. Then, cut down to size and laminate the pieces before posting on the board.

You'll need to create a few things on your own:

- If using "Take Home Recipe" sign you'll create your own recipe card envelope.
- Instead of posting recipe cards to take home, you could use the "Featured Recipe" sign for a recipe using local ingredients being served in the cafeteria.
- Inquire about Growing Minds recipe cards or make your own!
- Create your own farmer profile using a picture of a local farmer that grows greens or strawberries. Kids love fun facts about the farmer!

Files Included:

Repeated on other boards:

- Get Local @ School sign
- Get Local @ School calendar (11x17)
- Shovel, whisk, and fork
- Featured Recipe sign &/or Take Home Recipe sign (if you are creating a recipe card envelope)
- Bee
- Arrows (2) for strawberry diagram

Spring files:

- Farm to School in the spring banner
- Types of greens sign
- I tried local lettuce sticker blow-up
- Collards photo
- Swiss chard photo
- Kale photo
- Girl with lettuce photo (or lettuce photo)
- Which ones have you tried sign
- Kale recipe (switch halfway through the season)
- Strawberry recipe (switch halfway through the season)
- Boy picking strawberries photo
- Strawberry growth diagrams (3)
- How do strawberries grow sign
- I tried local strawberries sticker blow-up
- Strawberries at market photo